

Third Annual Collegewide

Professional Development Day

Friday, January 4, 2019
8 a.m.-3 p.m.



FSCJ Florida State College
at Jacksonville

Professional Development Day

Friday, January 4, 2019

Downtown Campus, Advanced Technology Center

8-8:30 a.m. **Breakfast, ATC Lobby**

Visit vendors and FSCJ departmental tables

8:30-9:50 a.m...... **Keynote Christine Cashen, T141**

10-10:50 a.m. **Workshop Session 1**

See following workshop descriptions

11-11:50 a.m. **Workshop Session 2**

See following workshop descriptions

11:50 a.m.-12:50 p.m. **Lunch Break, T141**

AFPD3132 / Course No. 6469 / T141

Lunch will be provided for those employees who register within myFSCJ.

Registration required to determine proper headcount.

1-1:50 p.m...... **Workshop Session 3**

See following workshop descriptions

2-2:50 p.m...... **Workshop Session 4**

See following workshop descriptions

Each workshop is approved for one non-credit hour toward the One Percent Salary Incentive unless otherwise noted.

KEYNOTE SPEAKER

Carpe Chaos:

How to get along, get it done and have more fun!

Keynote Speaker: Christine Cashen

8:30-9:50 a.m.

Seize the chaos! Life is messy. People are annoying. There is never enough time! Get over it. It is time to take back your power and own your life! It doesn't matter what happens to you. What does matter is your response to any situation. It is time to Carpe Chaos! Seize your time, seize your energy and take the reins so you can be the boss of your life - all while enjoying one fantastic ride.

You don't want to miss this presentation. Join Christine for hot tips and strategies to achieve the best in your personal and professional life. You'll leave feeling charged up, motivated and excited to get back out there and work your magic.

Christine Cashen delivers a fast-paced, hilarious program with useful content that makes her a sought-after speaker worldwide. Christine is an authority on sparking innovative ideas, handling conflict, reducing stress and energizing employees.

Before hitting the speaking scene, Christine was a university admissions officer, corporate trainer and broadcaster. Christine holds a Bachelor's Degree in Communication and a Masters Degree in Adult Education. She is a member of the National Speakers Association and is a Certified Speaking Professional (CSP).

In 2014, Christine was inducted into the National Speakers Association, CPAE Speaker Hall of Fame®, Admission into the CPAE Speaker Hall of Fame is a lifetime award for speaking excellence and professionalism. In 2016, she was received an honorary doctorate degree from Central Michigan University.

She is the author of two award winning books, "The Good Stuff" and "It's Your Business."

Christine resides in Dallas with her husband, their two children and Murphy, the chocolate lab.

AFPD3050 / Course No. 6468 / T141



Professional Development Workshops

EDUCATIONAL TECHNOLOGY WORKSHOP TRACK

Session 1: 10-10:50 a.m.

Canvas at FSCJ: Basic Training

LMS Administrator Robyn Reese

This session will provide an introductory training on the Canvas Learning Management System. It is intended to be a hands-on workshop that will provide attendees with an opportunity to become accustomed to Canvas's user interface, as well as learn how to build, manage, and grade course content and communicate with students.

AFPD3114 / Course No. 6361 / T241A

Closed Captioning and Beyond: Making your Learning Materials Accessible

Engineer IV Multimedia Robin Herriff

Participants will understand why it is important to create accessible learning materials; print and web-based as well as video. Participants will know how to use the REACH & ARC auto-captioning services as well as YouTube auto-captioning services.

AFPD3115 / Course No. 6363 / T203

Methods of Lecture Capturing

Professor Tessa Menotte

This demonstration will teach you how you can use technology such as Kaltura & USB cameras to capture/record narrated lectures and record video tutorials to enhance your teaching in hybrid and online courses.

AFPD3116 / Course No. 6364 / T203A

Proctored and Remote Testing Services & Solutions

FSCJ Distance Learning Assessment Proctored & Remote Testing

This workshop will be geared toward offering Instructors up to date information on available remote & distance learning services we have available to Online students who have required Proctored Testing. We will present information highlighting the current systems we are utilizing for Instructors to provide their testing materials and coordinate registration for their exams. We will have hand-outs with information on how to sign up and navigate the systems as well as information they can post in their Blackboard course shells to assist their remote students to locate testing options. We will end with a question and answer session for all attendees. Attendees only need to bring a means to take notes if desired. The format will be presentational with a PowerPoint and demonstrational in means of accessing and displaying certain features in real time in SmarterProctoring.

AFPD3117 / Course No. 6365 / T205

Session 2: 11-11:50 a.m.

Canvas: Panel Discussion**

Assistant Director of Educational Technology Brandi Bleak and LMS Administrator Robyn Reese

This session will allow attendees to have a closer look at the Canvas User Interface, while also receiving the latest updates about the LMS transition that is currently in progress at FSCJ. This session will be loosely structured so that attendees can ask open questions and drive the direction of the presentation.

AFPD3120 / Course No. 6369 / T241A

Ethical Use of Digital Media in Presentation

Librarian Sharon Uskokovich

Participants will create a PowerPoint presentation using open licensed media, create attributions for digital media, and discuss ethical use of copyrighted media in presentations. Laptops or computer lab with Microsoft PowerPoint software and internet access required.

AFPD3121 / Course No. 6370 / T203

Design Thinking > Play Testing > Gameful Learning

Amy Baskin, Professor of English

Design thinking and play testing are catalytic modes that amplify cognitive, social and emotional engagement. Gameful learning delivers novelty, opportunities to see the connectivity of ideas, and build mastery of course content.

AFPD3122 / Course No. 6371 / T203A

Online Courses in Canvas

E-Learning Instructional Designer Julie Wolfe and Director of E-Admin and Support Services Bea Harrison

Canvas is coming and the Center for eLearning will be converting the College's master courses to the new learning management system. Join us for a tour of Canvas masters and preview a tool for building your own.

AFPD3123 / Course No. 6372 / T205

Professional Development Workshops

EDUCATIONAL TECHNOLOGY WORKSHOP TRACK (CONTINUED)

Session 3: 1-1:50 p.m.

Canvas at FSCJ: Basic Training

LMS Administrator Robyn Reese

This session will provide an introductory training on the Canvas Learning Management System. It is intended to be a hands-on workshop that will provide attendees with an opportunity to become accustomed to Canvas's user interface, as well as learn how to build, manage, and grade course content and communicate with students.

AFPD3114 / Course No. 6377 / T241A

Early Alerts and Symplicity Overview

Associate Director of Training and Organizational Development Martina Perry

Symplicity provides workflow management solutions for processes such as early alerts, advising appointment scheduling, career services, accommodation tracking, conduct intervention management, and much more to improve the student experience. In this training, faculty will gain an overview of Symplicity, with specific emphasis on submitting and managing Early Alerts.

AFPD7648 / Course No. 6378 / T203

Strategies for Implementing Mobile Learning

Professor Audrey Antee

This hands-on workshop will introduce key features of mobile learning and have participants using their cell phones or tablets in order to engage in some mobile learning activities, both formal and informal, inside and outside of the traditional class setting.

AFPD3127 / Course No. 6380 / T203A

Robust Student Engagement with Customizable Courses by Wiley (in Canvas)

Kevin Clark

Join us for a session on improving student engagement in all course formats using Canvas integrated with the next generation of WileyPLUS. Learn about addressing student engagement challenges in different course modalities (face to face, hybrid, online and others); Improving student engagement by streamlining content via design and workflow – help students learn, not navigate; Best ways of preparing students for quizzes and exams with adaptive practice; Easy ways of onboarding new faculty and keeping engagement consistent across sections.

AFPD3126 / Course No. 6379 / T205

Session 4: 2-2:50 p.m.

Canvas at FSCJ: Basic Training

LMS Administrator Robyn Reese

This session will provide an introductory training on the Canvas Learning Management System. It is intended to be a hands-on workshop that will provide attendees with an opportunity to become accustomed to Canvas's user interface, as well as learn how to build, manage, and grade course content and communicate with students.

AFPD3114 / Course No. 6385 / T241A

Get Help with E-books from your Library

Librarian Sharon Uskokovich

This hands-on workshop will teach participants how to use e-books from our library databases as alternate education resources, and how to find openly licensed e-books on the open web.

AFPD3129 / Course No. 6386 / T203

Educational Technology Tips and Tricks with Apple iPad

Dr. Jeff Smith, Instructional Program Manager

This hands-on workshop will highlight a number of technology tips and tricks that faculty can utilize in their own classroom. Participants should bring an iPad or Apple notebook computer (with free iBooks Author (IBA) app installed) to participate fully in the presentation.

AFPD3130 / Course No. 6387 / T203A

Brainfuse

Brainfuse, Inc. Senior Accounts Manager Devin Echevarria and FSCJ Director of Tutoring Services Youlanda Henry

This workshop will introduce the new Brainfuse online tutoring platform. It will highlight the synchronous and asynchronous tutoring support features, as well as the supplemental academic and collaborative tools in the system that further enhance the learning experience. Lastly, the presenters will demonstrate how faculty users may utilize the faculty dashboard feature to assign online tutoring tasks to their students. There will be an opportunity for Q & A.

AFPD3131 / Course No. 6388 / T205



Professional Development Workshops

SAFETY WORKSHOP TRACK

Session 1: 10-10:50 a.m.

ALICE

Director of Security Gordon Bass

ALICE is a set of proactive strategies that increase the chances of survival during an active shooter event.

AFPD5115 / Course No. 6356 / T102

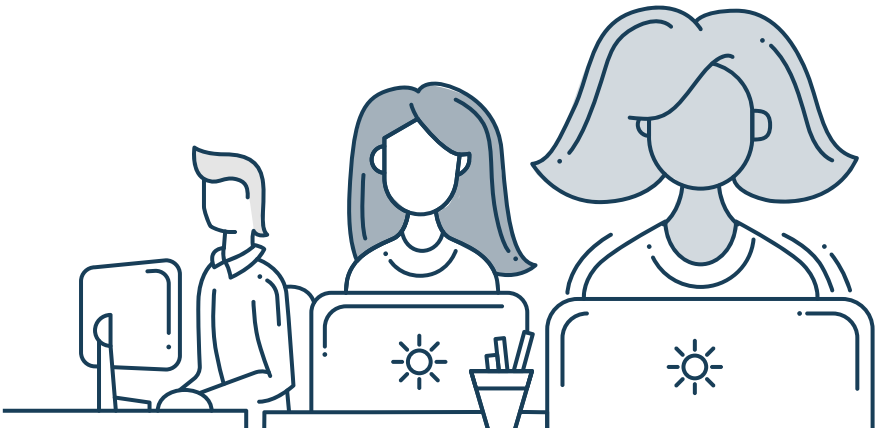
Session 2: 11-11:50 a.m.

Self-Defense**

Campus Security Officer in Charge Patrick Maddox

This class in self-defense is based on the Krav Maga self-defense system developed for the Israel Defense and Security forces using a variety of techniques. Learn about adopting a non-victim mindset, improve your observation and orientation skills, understand human kinetics and learn some basic striking and defense methods.

AFPD3118 / Course No. 6366 / T102



Session 3: 1-1:50 p.m.

ALICE

Director of Security Gordon Bass

ALICE is a set of proactive strategies that increase the chances of survival during an active shooter event.

AFPD5115 / Course No. 6373 / T102

Session 4: 2-2:50 p.m.

Self-Defense**

Campus Security Officer in Charge Patrick Maddox

This class in self-defense is based on the Krav Maga self-defense system developed for the Israel Defense and Security forces using a variety of techniques. Learn about adopting a non-victim mindset, improve your observation and orientation skills, understand human kinetics and learn some basic striking and defense methods.

AFPD3118 / Course No. 6381 / T102



WORK-LIFE ENHANCEMENT WORKSHOP TRACK

Session 1: 10-10:50 a.m.

Beyond the Stress Ball

Mary Beth Pennington

This powerful workshop offers practical tools for managing stress that go beyond traditional advice. You will learn how effective thinking, mindfulness and relaxation techniques can lower your stress level and increase your quality of life.

AFPD3113 / Course No. 6358 / T241

Avoiding Burnout

EAP Program Manager & Presenter Karen Rech

The irony with burnout is that it happens when an individual tries to work too hard or do too much. It can lead to cognitive distortion of the importance of an issue or worry. The final stage of the stress response is burnout, which is a concern for employers who desire to maintain their employees' productivity at work. This presentation is designed to inform employees of the physiological and emotional dangers of stress and burnout, as well as assist employees in developing effective coping techniques. Being able to successfully manage can lead to greater effectiveness.

AFPD6404 / Course No. 6360 / T111

Session 2: 11-11:50 a.m.

The Art of Setting Boundaries

Mary Beth Pennington

Chronic stress negatively affects physical and mental health. An important part of reducing stress is setting healthy limits with others, ourselves, and with our environment. This can be a challenge for many people. This course will help you learn how to set and honor healthy limits to reduce stress and improve the quality of life.

AFPD3119 / Course No. 6367 / T241

Balancing Work and Family Life**

EAP Program Manager & Presenter Karen Rech

Balancing work and home life may seem impossible in our busy world. Feelings of guilt and turmoil are stirred by the demands of work and home, the lack of personal time and time spent with family and friends. Through open discussion, employees can learn how to work toward attainable goals for their personal and professional lives while reducing their stress level. You will receive effective workday tips and advice on how to reduce discomfort and guilt, and successfully "keep it all together".

AFPD5064 / Course No. 6368 / T111

Session 3: 1-1:50 p.m.

Eight Colors of Fitness**

Jerry Edmondson

Part of maintaining a healthy lifestyle is figuring out what kind of physical activity works for you-which we all know can take years of trial and error. If you would like to “cut to the chase” and determine your fitness personality, this presentation will help you discover how you can create an exercise program that you will never quit.

AFPD3124 / Course No. 6374 / T241

Mindfulness

EAP Program Manager & Presenter Karen Rech

This workshop reviews the principles and benefits of mindfulness. What is it? How is it different from other things we have heard about how to help manage stress? Mindfulness is a practice being utilized by athletes, students, soccer moms, employees in all kinds of settings and is starting to gain traction as a very practical tool that can yield important outcomes. Why are so many finding it helpful improving their happiness, health and productivity? This seminar includes general information about mindfulness and an introduction to activities that help participants learn how to apply helpful, stress-reducing practices in their daily lives.

AFPD6804 / Course No. 6376 / T111

Session 4: 2-2:50 p.m.

Sleep**

Jerry Edmondson

Looking for more energy? Get some sleep! Many of us do not get a good night’s sleep and our health and productivity suffer because of it. This presentation covers the purpose of sleep, how much sleep is enough and how to improve the quality of sleep with strategies, tips, and healthful resources.

AFPD3128 / Course No. 6382 / T241

Managing Stress and Overeating

EAP Program Manager & Presenter Karen Rech

We all have stress in our lives, and many of us handle it with overindulgence in our favorite foods. One well-known author says that life causes obesity, food is the vehicle and we become the victim. This workshop helps participants understand their emotional relationship with food, as well as identify effective strategies to combat “stress eating.”

AFPD5120 / Course No. 6383 / T111

PROFESSIONAL DEVELOPMENT DAY VENDORS



Questions about Canvas?

Join Canvas Customer Success Manager Brianna Potts and FSCJ's LMS Administrator Robyn Reese for three interactive training sessions and a panel discussion created to cue you in on all things Canvas.

WILEY

Robust student engagement with customizable courses by Wiley (in Canvas)

Join us for a session on improving student engagement in all course formats using Canvas integrated with the next generation of WileyPLUS. Learn about addressing student engagement challenges in different course modalities (face to face, hybrid, online and others); improving student engagement by streamlining content via design and workflow – help students learn, not navigate; best ways of preparing students for quizzes and exams with adaptive practice; easy ways of onboarding new faculty and keeping engagement consistent across sections.

Wiley will provide breakfast to all attendees.



Join Devin Echevarria of Brainfuse for a workshop on the new tutoring service. Devin will be highlighting the synchronous and asynchronous tutoring support features, as well as the supplemental academic and collaborative tools in the system that further enhance the learning experience.

Faculty Resource Centers

The Faculty Resource Centers (FRC), partnered with the Academy for Teaching and Learning (ATL), are dedicated to the mission of providing FSCJ faculty with valuable work spaces, proficient knowledge sharing and creative design solutions for the development of instructional, informational and promotional media. FRCs are located at all campuses and are staffed with a dedicated Faculty Development Specialist to support your needs.

Faculty Resource Centers are located at:

Deerwood Center, Room C2300
 Downtown Campus, Rooms 1137 and 2092
 South Campus, Room G201
 Kent Campus, Rooms C100A and C100B
 North Campus, Room D315

academy@fscj.edu

Facility Accommodations:

- **Workstations:** Computer workstations for productivity needs
- **Printers:** Low-volume printing
- **Wi-Fi:** Wireless connectivity to FSCJ network
- **Equipment Checkouts:** Video cameras, still cameras, microphones, calculators and others
- **Office Supplies:** Whiteboard markers and erasers, legal pad paper, pens, pencils and other general classroom teaching supplies
- **Conference Rooms:** Private areas to conduct business meetings, student-to-teacher meetings
- **Lounge Areas:** Comfortable chairs, couches and table accommodations
- **Lockers:** Private storage to secure items before class times

Academy for Teaching and Learning

The Academy for Teaching and Learning is dedicated to the professional growth and development of FSCJ's committed faculty. Our professional development program is unique in that it is led by faculty, for faculty. A vast number of opportunities are offered for faculty to engage with both colleagues within their area of study and with professionals across disciplines. The Academy for Teaching and Learning supports full-time and part-time faculty in their growth as professional educators and life-long learners. By promoting the values of the College - excellence in teaching and learning, integrity, creativity, respect for diversity and a culture of honesty and trust - we work to enhance and connect the expertise of the faculty to create an organizational environment that promotes learning at all levels and provides high-quality education for our students.

academy@fscj.edu

Training and Organizational Development

FSCJ believes in the importance of investing in our diverse organization by fostering a culture of positive leadership and growth. Through competency-based training and professional development for all faculty and staff, we gain the ability to hone the knowledge and skills necessary to perform assigned duties and responsibilities, while also forwarding the mission, vision and values of our College.

Training and Organizational Development:

- Supports improved performance through career stages
- Includes both group and individualized learning opportunities
- Advances the skills and knowledge of employees
- Focuses on applicability
- Informs ongoing improvement in role performance
- Utilizes all modalities for accessibility

hrtraining@fscj.edu

COMPETENCY	TRAINING DESCRIPTION
 Collaboration	<i>Develops and maintains responsive, cooperative and mutually beneficial relationships to foster teamwork and collegiality</i>
 Communication	<i>Promotes clear listening, speaking and writing skills to support the mission</i>
 FSCJ Advocacy	<i>Maintains a commitment to, and advocates for the mission, vision, values and goals</i>
 Social Justice and Inclusion	<i>Supports a climate of civility, inclusion and respect for diversity and promotes open access</i>
 Technology	<i>Focuses on the use of digital tools, resources and technologies</i>
 Organizational Strategy	<i>Supports the strategic initiatives and elevates student success by offering mission-based knowledge</i>
 Professionalism	<i>Supports ethical practices and proactive improvement opportunities</i>
 Resource Management	<i>Develops efficient resource management to support the mission, vision, values and goals</i>
 Assessment and Evaluation	<i>Provides a variety of formative and summative assessments to improve outcomes in programs, courses and initiatives</i>
 Learner-Centered Teaching Strategy	<i>Engages students and promotes learning by encouraging active participation</i>
 Scholarship	<i>Engages with academic research and development</i>

● ALL EMPLOYEE GROUPS

● FACULTY AND STUDENT SERVICES



Contact
hrtraining@fscj.edu
with questions.